Supplementary material

Table 1. Training:match between-position differences.

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|  | TDMean ± SD (min.; max.) | *p* | MPAMean ± SD (min.; max.) | *p* | NBLMean ± SD (min.; max.) | *p* | ACCMean ± SD (min.; max.) | *p* | DECMean ± SD (min.; max.) | *p* |
| CB | 2.71 ± 1.34(0.55; 5.97) | RB: 0.569LB: 0.223DM: 0.089CM: 0.699RW: 0.775LW: 0.373CF: 0.619 | 1.57 ± 0.62(0.46; 2.87) | RB: 0.223LB: 0.223DM: 0.149CM: 0.573RW: 0.793LW: 0.802CF: 0.946 | 2.63 ± 1.46(0.60; 6.25) | RB: 0.089LB: 0.613DM: 0.272CM: 0.045\*RW: 0.118LW: 0.177CF: 0.234 | 2.93 ± 2.27(0.20; 10.00) | RB: 0.872LB: 0.061DM: 0.201CM: 0.876RW: 0.430LW: 0.360CF: 0.932 | 2.08 ± 1.88(0.01; 10.00) | RB: 0.785LB: 0.016\*DM: 0.100CM: 0.640RW: 0.882LW: 0.074CF: 0.571 |
| RB | 4.19 ± 3.56(0.66; 14.08) | LB: 0.428DM: 0.205CM: 0.909RW: 0.729LW: 0.666CF: 0.759 | 1.91 ± 0.82(0.55; 3.67) | LB: 0.100DM: 0.583CM: 0.159RW: 0.269LW: 0.466CF: 0.378 | 4.27 ± 3.04(0.48; 11.01) | LB: 0.098DM: 0.101CM: 0.899RW: 0.830LW: 0.962CF: 0.592 | 5.49 ± 8.76(0.69; 36.00) | LB: 0.097DM: 0.148CM: 0.643RW: 0.330LW: 0.450CF: 0.818 | 2,77 ± 2.91(0.17; 10.00) | LB: 0.026\*DM: 0.063CM: 0.428RW: 0.535LW: 0.161CF: 0.962 |
| LB | 4.21 ± 6.77(1.56; 30.11) | DM: 0.411CM: 0.272RW: 0.418LW: 0.108CF: 0.432 | 1.46 ± 0.64(0.51; 2.75) | DM: 0.583CM: 0.159RW: 0.269LW: 0.466CF: 0.378 | 3.77 ± 5.89(0.85; 25.34) | DM: 0.322CM: 0.020\*RW: 0.113LW: 0.102CF: 0.205 | 1.99 ± 2.22(0.15; 9.00) | DM: 0.736CM: 0.127RW: 0.543LW: 0.018\*CF: 0.167 | 1.12 ± 1.17(0.16; 4.50) | DM: 0.741CM: 0.048\*RW: 0.147LW: 0.003\*CF: 0.018\* |
| DM | 2.19 ± 1.48(0.64; 4.02) | CM: 0.299RW: 0.368LW: 0.178CF: 0.253 | 1.21 ± 0.75(0.51; 2.40) | CM: 0.112RW: 0.248LW: 0.257CF: 0.307 | 2.01 ± 1.62(0.63; 4.68) | CM: 0.028\*RW: 0.127LW: 0.086CF: 0.215 | 1.77 ± 1.84(0.10, 5.00) | CM: 0.166RW: 0.431LW: 0.103CF: 0.222 | 1.00 ± 1.09(0.05; 3.00) | CM: 0.136RW: 0.207LW: 0.016\*CF: 0.062 |
| CM | 1.45 ± 3.41(0.16; 16.87) | RW: 0.916LW: 0.678CF: 0.900 | 1.94 ± 1.25(0.55; 6.79) | RW: 0.723LW: 0.645CF: 0.511 | 6.01 ± 8.98(1.31; 36.06) | RW: 0.682LW: 0.850CF: 0.623 | 3.29 ± 3.34(0.50; 15.00) | RW: 0.364LW: 0.469CF: 0.754 | 1.79 ± 1.27(0.03; 4.50) | RW: 0.927LW: 0.081CF: 0.471 |
| RW | 3.56 ± 2.77(0.83; 12.91) | LW: 0.669CF: 0.964 | 1.68 ± 0.79(0.54; 2.93) | LW: 0.928CF: 0.808 | 3.87 ± 3.61(0.50; 16.65) | LW: 0.616CF: 0.657 | 2.83 ± 2.94(0.20; 10.25) | LW: 0.192CF: 0.499 | 2.16 ± 2.02(0.00; 6.38) | LW: 0.079CF: 0.440 |
| LW | 5.21 ± 6.74(1.68; 24.10) | CF: 0.723 | 1.67 ± 0.71(0.89; 2.64) | CF: 0.967 | 4.35 ± 4.40(1.76; 16.33) | CF: 0.772 | 3.32 ± 2.16(1.00; 9.00) | CF: 0.451 | 4.96 ± 5.61(1.01; 7.00) | CF: 0.188 |
| CF | 3.58 ± 2.71(0.54; 12.58) | - | 2.14 ± 2.31(0.38; 12.34) | - | 3.98 ± 3.59(0.46; 15.68) | - | 6.30 ± 5.88(0.33; 74.48) | - | 3.47 ± 5.13(0.12; 5.16) | - |

TD: total distance; MPA: metabolic power average; NBL: new body load; ACC: acceleration; DEC: deceleration; CB: central back; RB: right back; LB: left back; DM: defensive midfielder; CM: central midfielder; RW: right winger; LW: left winger; CF: central forward.