Supplementary material

Table 1. Training:match between-position differences.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | TD  Mean ± SD (min.; max.) | *p* | MPA  Mean ± SD (min.; max.) | *p* | NBL  Mean ± SD (min.; max.) | *p* | ACC  Mean ± SD (min.; max.) | *p* | DEC  Mean ± SD (min.; max.) | *p* |
| CB | 2.71 ± 1.34  (0.55; 5.97) | RB: 0.569  LB: 0.223  DM: 0.089  CM: 0.699  RW: 0.775  LW: 0.373  CF: 0.619 | 1.57 ± 0.62  (0.46; 2.87) | RB: 0.223  LB: 0.223  DM: 0.149  CM: 0.573  RW: 0.793  LW: 0.802  CF: 0.946 | 2.63 ± 1.46  (0.60; 6.25) | RB: 0.089  LB: 0.613  DM: 0.272  CM: 0.045\*  RW: 0.118  LW: 0.177  CF: 0.234 | 2.93 ± 2.27  (0.20; 10.00) | RB: 0.872  LB: 0.061  DM: 0.201  CM: 0.876  RW: 0.430  LW: 0.360  CF: 0.932 | 2.08 ± 1.88  (0.01; 10.00) | RB: 0.785  LB: 0.016\*  DM: 0.100  CM: 0.640  RW: 0.882  LW: 0.074  CF: 0.571 |
| RB | 4.19 ± 3.56  (0.66; 14.08) | LB: 0.428  DM: 0.205  CM: 0.909  RW: 0.729  LW: 0.666  CF: 0.759 | 1.91 ± 0.82  (0.55; 3.67) | LB: 0.100  DM: 0.583  CM: 0.159  RW: 0.269  LW: 0.466  CF: 0.378 | 4.27 ± 3.04  (0.48; 11.01) | LB: 0.098  DM: 0.101  CM: 0.899  RW: 0.830  LW: 0.962  CF: 0.592 | 5.49 ± 8.76  (0.69; 36.00) | LB: 0.097  DM: 0.148  CM: 0.643  RW: 0.330  LW: 0.450  CF: 0.818 | 2,77 ± 2.91  (0.17; 10.00) | LB: 0.026\*  DM: 0.063  CM: 0.428  RW: 0.535  LW: 0.161  CF: 0.962 |
| LB | 4.21 ± 6.77  (1.56; 30.11) | DM: 0.411  CM: 0.272  RW: 0.418  LW: 0.108  CF: 0.432 | 1.46 ± 0.64  (0.51; 2.75) | DM: 0.583  CM: 0.159  RW: 0.269  LW: 0.466  CF: 0.378 | 3.77 ± 5.89  (0.85; 25.34) | DM: 0.322  CM: 0.020\*  RW: 0.113  LW: 0.102  CF: 0.205 | 1.99 ± 2.22  (0.15; 9.00) | DM: 0.736  CM: 0.127  RW: 0.543  LW: 0.018\*  CF: 0.167 | 1.12 ± 1.17  (0.16; 4.50) | DM: 0.741  CM: 0.048\*  RW: 0.147  LW: 0.003\*  CF: 0.018\* |
| DM | 2.19 ± 1.48  (0.64; 4.02) | CM: 0.299  RW: 0.368  LW: 0.178  CF: 0.253 | 1.21 ± 0.75  (0.51; 2.40) | CM: 0.112  RW: 0.248  LW: 0.257  CF: 0.307 | 2.01 ± 1.62  (0.63; 4.68) | CM: 0.028\*  RW: 0.127  LW: 0.086  CF: 0.215 | 1.77 ± 1.84  (0.10, 5.00) | CM: 0.166  RW: 0.431  LW: 0.103  CF: 0.222 | 1.00 ± 1.09  (0.05; 3.00) | CM: 0.136  RW: 0.207  LW: 0.016\*  CF: 0.062 |
| CM | 1.45 ± 3.41  (0.16; 16.87) | RW: 0.916  LW: 0.678  CF: 0.900 | 1.94 ± 1.25  (0.55; 6.79) | RW: 0.723  LW: 0.645  CF: 0.511 | 6.01 ± 8.98  (1.31; 36.06) | RW: 0.682  LW: 0.850  CF: 0.623 | 3.29 ± 3.34  (0.50; 15.00) | RW: 0.364  LW: 0.469  CF: 0.754 | 1.79 ± 1.27  (0.03; 4.50) | RW: 0.927  LW: 0.081  CF: 0.471 |
| RW | 3.56 ± 2.77  (0.83; 12.91) | LW: 0.669  CF: 0.964 | 1.68 ± 0.79  (0.54; 2.93) | LW: 0.928  CF: 0.808 | 3.87 ± 3.61  (0.50; 16.65) | LW: 0.616  CF: 0.657 | 2.83 ± 2.94  (0.20; 10.25) | LW: 0.192  CF: 0.499 | 2.16 ± 2.02  (0.00; 6.38) | LW: 0.079  CF: 0.440 |
| LW | 5.21 ± 6.74  (1.68; 24.10) | CF: 0.723 | 1.67 ± 0.71  (0.89; 2.64) | CF: 0.967 | 4.35 ± 4.40  (1.76; 16.33) | CF: 0.772 | 3.32 ± 2.16  (1.00; 9.00) | CF: 0.451 | 4.96 ± 5.61  (1.01; 7.00) | CF: 0.188 |
| CF | 3.58 ± 2.71  (0.54; 12.58) | - | 2.14 ± 2.31  (0.38; 12.34) | - | 3.98 ± 3.59  (0.46; 15.68) | - | 6.30 ± 5.88  (0.33; 74.48) | - | 3.47 ± 5.13  (0.12; 5.16) | - |

TD: total distance; MPA: metabolic power average; NBL: new body load; ACC: acceleration; DEC: deceleration; CB: central back; RB: right back; LB: left back; DM: defensive midfielder; CM: central midfielder; RW: right winger; LW: left winger; CF: central forward.